

## Guidelines & Conditions of Use

Anyone wishing to use this Changing Places facility should be appropriately trained in the use of special-ist equipment including hoists and changing benches. If the person is in any doubt how to use the equipment, they should not use the facility.

It is for the person(s) using the facility to satisfy themselves regarding compatibility of their slings with the hoist. Eastbourne Borough Council does not supply slings for health and safety reasons. If there is any doubt whether a person's sling is compatible with the hoist, they should not use the hoist.

Before use of the changing bench please ensure that a protective paper sheet is placed on the bench and removed after use.

All soiled/disposable material should be placed in the sanitary bins provided. **DO NOT FLUSH DOWN THE TOILET.**

Please take all soiled clothing away and under no circumstances should clothing be washed on the premises, as this will cause contamination.

It is the carer's responsibility to ensure the safety of the user at all times including use of the hoist and under no circumstances should the weight limit of the equipment be exceeded. For the hoist maximum weight is 31.5 stone (200kg) and for the changing bench maximum weight is 30 stone (190kg).

The facility **must** be left clean (in the condition you would expect to find it) and locked after use. Keys are not transferable between users. Misuse of the facility may lead to access being denied.

In order to ensure the high quality of this service, it is necessary to report any damage or hygiene issues to Eastbourne Borough Council immediately on 01323 410000 or via [www.eastbourne.gov.uk](http://www.eastbourne.gov.uk).

## Location



## Other Changing Places in Eastbourne

### Eastbourne Arndale Centre (Terminus Road)

The toilet is located on the ground floor alongside the disabled toilets and is accessed by radar key. Contact one of the service staff on site if needed.

Issued by: Seafront Services  
Seafront Office, 6 Lower Grand Parade  
Eastbourne, BN21 3AD  
(01323) 410611 [seafront@eastbourne.gov.uk](mailto:seafront@eastbourne.gov.uk)

## CHANGING PLACES - CHANGING LIVES

More information about Changing Places toilets, including where they can be found nationally, is available on the Changing Places website: [www.changing-places.org](http://www.changing-places.org)

# EASTBOURNE

## SEAFRONT CHANGING PLACES FACILITY



## What is a changing places toilet?

Changing places toilet is somewhere private and clean with the correct equipment for disabled adults and children to use when out and about.

## How do they differ from a disabled toilet?

Unlike standard disabled toilets, the Changing Places has extra specialist equipment and plenty of space for the user and more than one carer.

## What extra equipment is included?

- A height adjustable changing bed.
- A tracking hoist system.
- A centrally placed toilet with room either side for carers.
- Screen for privacy.
- Paper roll to cover the bed.
- Yellow waste bin for disposable pads.
- Non slip floor.

## Seafront Changing Places

The Seafront facility is intended for use by disabled people who require assistance of a carer or need extra facilities.

Access can be gained by asking any member of the Seafront Team. Alternatively we offer a membership scheme were you will be given your own key. To become a member users can apply at the Seafront Office, online or at the Tourist Information Centre.

Evidence of top rate Disabled Living Allowance, Personal Independence Payment or Diagnosis Letter must be provided for a key fob to be issued. Carers must also provide proof of ID.

## Equipment Available



**Changing Bench**  
Wall mounted and height adjustable enabling the bench level to be lowered to a suitable height for self-transfer from a wheelchair or assisted transfer using the hoist, and then raised to a working height for one or more assistants.

### The Hoist

The hoist eliminates the need to lift a person manually, thus reducing the strain on carers' backs and the risk of injury to the person being transferred. It aids access to the changing bench and toilet.



### The Toilet

A peninsular toilet at least a metre away from the walls on either side. This means there is space on both sides of the toilet, allowing wheelchair transfers or assistance from carers.

### Wash Basin

Height adjustable enabling the basin to be adjusted to suit the user with clear knee space below the bowl, to allow a wheelchair user to comfortably use it.



### Also available

Both wall-mounted vertical grab rails and drop-down support rails.  
Shower placed above the bed and can be used with the bed down or folded away.  
Colostomy shelf.

## More about the Hoist

Changing places toilets DO NOT supply slings, so you will need to bring your own.

There are different slings with different attachments.

- Sling with clip attachment
- Sling with loop attachment
- Sling with dual attachment (compatible with all)

It is not allowed to lift more than 200kg (440lbs).

The hoist can be used for the following transfers:

- From a (wheel)chair to a bed and vice-versa.
- From a (wheel)chair to a toilet and vice-versa.
- From a (wheel)chair to a shower-bath-toilet chair and vice-versa.

The user can be lifted from a sitting or lying position and will hang in a (semi) sitting position.

The hoist can be used in combination with wheelchairs, without having to remove foot, leg or arm supports.

Emergency stop pull cord.

