

Welcome Spaces Register – Eastbourne September 2023

Age Concern Eastbourne

William and Patricia Venton Centre, Junction Road, Eastbourne, BN21 3QY

Open on Tuesdays, Wednesdays, and Thursdays from 10am to 3pm.

Telephone: 01323 638474

Email: info@ageconcerneastbourne.co.uk

Disabled access (ramps) and disabled toilets, open to people aged 50+

Offering: Free Wi-Fi, board games, books, music, advice, leaflets and signposting.

The Venton Centre delivers 40 activities and services each week from dance to art to movies. They also have a café open five days per week for light meals.

The Gateway Centre

66-70 Lottbridge Dr. Eastbourne, BN22 9PB

Open on Tuesdays to Thursdays from 9am to 1pm – Friday 9am to 12pm.

Telephone: 01323 351786

Email: admin@gatewaychristianchurch.org.uk

Disabled access including accessible toilet, open to all ages, child friendly with toys and baby changing facilities.

Offering: hot drinks, biscuits, cake on Tuesdays and Wednesdays, free Wi-Fi, advice, leaflets and signposting available.

Activities: board games for adults and children, toys for toddlers, lending library of adult and children's books to borrow.

- Sunday morning service 10.30am, including Gators group for children of all ages.
- Café Gateway (Hot/cold drinks and cake): Tuesdays and Wednesdays
 9.15am to 12pm



- Healing Rooms (prayer for healing): 1st Tuesday of month from 10am to 12 noon.
- Yarnies (knitting, crochet, crafts & cake): 4th Tuesday of month 1pm to 2.30pm.
- Giggles Toddler Group (booking required via Facebook page): Thursday 10am to 11.30am term time only.
- Lunch Club (pre-book small charge): 1st Friday of month 12.30pm to 2pm
- Spurgeons Child Counselling: Tuesdays and Thursdays 9am to 2.30pm
- Foodbank & Advocacy Service: Wednesdays 10am to 12 noon.
- People Matter: equipping people for employment: Wednesdays 9am to 1pm.

The Gateway centre is a bright relaxing space with comfortable sofas, chairs and tables.

For directions https://goo.gl/maps/koyLcruupfncz93Q6

Friday Friends (St Richard's Church)

St Richard's Church Hall, 7 Priory Road, Eastbourne, BN23 7AX

Open Fridays from 9am to 12 noon (during term time), people can drop in any time during these times.

Telephone: 07713 066264

Email: helenhart922@btinternet.com

Disabled access, disabled toilet, open to all ages, child friendly with free breakfast for children, toys and crafts available.

Offering: hot drinks, snacks (cakes/ biscuits), free Wi-Fi, knitting and chatting, advice, leaflets, and signposting.

Other information: Free car parking.

The Way (Kingdom Way Trust)

91 – 93 Seaside Road, Eastbourne, BN21 3PL

Open: 2nd and 4th weekends of each month, 10.30am to 3.30pm (Saturday and Sunday).

Telephone: 07932 407730

Email: graham@kingdomwaytrust.org

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Disabled access, open to all ages and targeted at the street and homeless community. Child friendly. Under 18s must be accompanied by an adult.

Offering: hot drinks, snacks, soup, toasted sandwiches etc, free Wi-Fi, games, newspapers, games, books. Advice, leaflets, and signposting. The Way is primarily set up for the homeless and street community, but anyone is welcome.

Langney Community Centre

Etchingham Road, Langney, BN23 7DX

Open Mon 10.30am to 1.30pm
Tuesday 1pm to 3pm
Wed 10.30am to 12.30pm
Thurs 10am to 12pm then 1pm to 3pm
Fri 10.30am to 1.30pm

Telephone: 01323 763762

Email: manager@langneycommunitycentre.co.uk

Disabled access to front entrance, two disabled toilets and a stair lift at the rear of the building, open to all ages, child friendly (children's area at the rear of the building).

Offering: hot drinks (suggested donation 50p), biscuits and cakes to purchase, free Wi-Fi, activities, advice, leaflets, and signposting.

Toddler group Wednesday 10.30am to 12pm Coffee mornings Fridays Church group on Fridays 1pm to 3pm Foodbank is available on Thursdays 10am to 12pm

For the latest information visit <u>Langney Community Centre and Langney Community</u>
<u>Café</u>

Living Life Hub (TJ Hughes)

177-187 Terminus Road, Eastbourne, BN21 3NX

Open Monday to Saturday 10am to 3pm.

Kitchen open 11am-2pm.



Telephone: 07508 934046

Email: micktrott777@gmail.com

Disabled access, including disabled toilets, open to all ages, child friendly with play house in kitchen.

Offering: hot drinks, snacks, soup and toasted sandwiches, free Wi-Fi, board games, knitting, reading and music, advice, leaflets, and signposting.

The Matthew 25 Mission

Brodie Hall, Christchurch, Seaside, Eastbourne, BN22 7NN

Open Monday 8 until 2pm

Tuesday 8 until 3pm

Wednesday 8 until 3pm

Thursday 8 until 3pm

Friday 8 until 2pm

Telephone: 01323 726960

Email: manager@matthew25mission.org

Disabled access (not accessible to wide wheelchairs), open to all ages, child friendly with accompanying adults,

Offering: hot drinks, snacks, hot meals available breakfast from 8am to 10am and lunch from 12 noon to 2pm, free Wi-Fi, advice, leaflets, and signposting.

Activities:

- Tuesday: Art Club from 1:30pm to 3pm
- Wednesday: Veterans Hub from 2pm to 3pm
- Thursday: Music Group from 2pm to 3pm

Seaside Hub

125 - 127 Seaside, Eastbourne, BN22 7NN

Open from Thursday 1 November to end of March 2024:

Tuesday 1pm-3pm

Wednesday 12pm – 4pm – Public Living room



Thursday 1pm-3pm

Telephone: 01323 371322

Email: seasidehub@yahoo.com

Disabled access into the building, single toilet with outward opening door and grab rails. open to all, child friendly.

Offering: Hot drinks, snacks (from 20p). Hot meals on Wednesday 12 – 2 Soup & Roll 50p or Panini/Toasted Sandwich £1. Any day/time we are open: Toast/Crumpet 30p. Cake from 50p

Free Wi-Fi, activities, Crafts, puzzles, board games and conversation with others and volunteers advice, leaflets, and signposting.

Access to their Community Fridge: 10 different food items for a donation of £2.

St Elisabeth's

268 Victoria Drive, Eastbourne, BN20 8QX

From 3 November - Friday with Friends - Fridays 9.30am to 12.00

Telephone: 01323 885285

Email: centremanager@sainte.org.uk

Disabled access, open to all ages, child friendly.

Offering: Tea/ coffee, biscuits, cakes, sausage rolls (vegan available), free Wi-Fi, skills share (baking preserves, circus skills, alternate weeks).

TechResort CIC

23a Cavendish Place, Eastbourne, BN21 3EJ

Open Thursday and Friday afternoons, 12pm to 5pm. Other times by appointment.

Email: hello@techresort.org

Disabled access (level ground floor entrance and accessible bathroom – not accessible to wide wheelchairs), open to all, children to be supervised by parent/carer.

Offering: hot drinks, free Wi-Fi, coaching for digital skills, use of computers, phone charging. Help and information on energy saving measures. Advice, help with digital



skills/inclusion and signpost to other relevant support agencies

If English is not your first language, the council can provide documents and publications in other languages, large type, Braille, or audio. The council can also provide interpreters if you need to contact us over the telephone, attend an appointment or event.

To request information in a different format or interpreter support, please contact the Customer Contact team on 01323 410000 or email customerfirst@lewes-eastbourne.gov.uk